



BIO

As a media professional for 15 years, Monique Caradine has worked in every aspect of the business--including television, advertising, public relations and radio. In 2004, she launched Momentum Media Group, a media development and consulting company.

Momentum specializes in media training for female executives and entrepreneurs. Momentum also produces radio and TV programs in Chicago and Atlanta.

Throughout her career Monique has proven herself to be a media visionary. For two years (2004-2006), her company independently produced and funded a weekly television program. **Currently, Monique is the host of a community affairs TV program called "Perspective," which airs Sundays on FOX affiliate WPWR My50 in Chicago.**

In 2003, Mo ended her tenure as host of a daily, award-winning talk show on Chicago's only black-owned radio station, WVON 1450 AM. Known as *Mo in the Midday*, she discussed a wide range of issues. She also interviewed such notables as Tavis Smiley, Patti LaBelle, Maya Angelou, Magic Johnson, Queen Latifah, Les Brown and many more. *Mo in the Midday* was twice named Best Midday Talk Show in Chicago and Monique was also recognized three consecutive times by TALKERS Magazine as one of the top 100 radio talk show hosts in the nation.

Monique has appeared as a frequent guest on the nation's largest television and radio networks, including CNN, FOX News and National Public Radio. She has also been featured in the Chicago Tribune, the Chicago Sun-Times, The Chicago Defender, N'DIGO and a variety of other local and national media outlets.

These days, Monique loves producing top quality television and radio programs and providing media coaching to high-achieving women executives and entrepreneurs around the world. She also speaks regularly to large groups, corporations, colleges and organizations.

Monique is happily married with one son.



To book Monique: bookings@momentum-media.tv or 708.720.4252